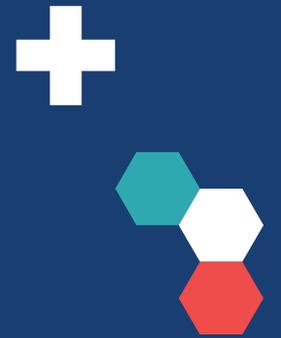


# Supporting children and families theme: overview of progress 15 months in



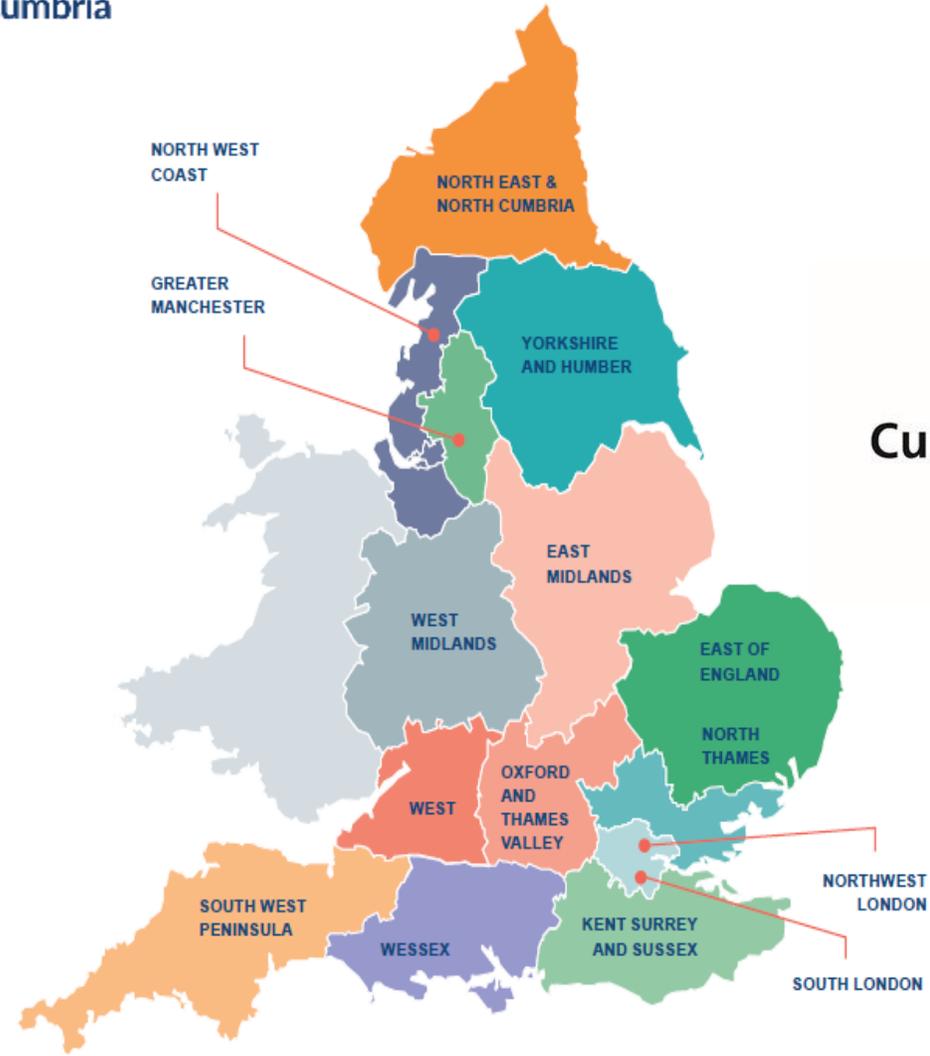
**Professor James Law**

Lead, ARC NENC Supporting Children and Families theme

**Professor Judith Rankin**

Lead, ARC NENC Supporting Children and Families theme





**NHS**  
**Cumbria, Northumberland,  
Tyne and Wear**  
NHS Foundation Trust

# How plans, people and progress help achieve our vision

**‘Better, fairer health and care at all ages and in all places’**

- Relevant, timely and useable evidence
- Increased capacity and pipeline for the future
- Plans and opportunities to build capability
- Mobilising knowledge/workforce across region
- Supporting implementation/innovation/evaluation
- Engaging and involving people from all backgrounds
- Linking up infrastructures/spanning networks



## Supporting Children & Families theme :

Our vision is to improve equality in health status, access to care and outcomes for children and their families

### Topics in ARC NENC application

- Creating a Better Start in Life and supporting continuities of care across childhood;
- Reducing Social Inequalities in health status and access;
- Mobilising Community Resources to support the management of chronic conditions;
- Listening to Children's Voices in diverse communities

### Aim

to produce high quality evidence to develop better integrated health and social care for children and their families, improving outcomes and reducing inequalities

### Short-term Objectives (1-2 years)

Expand existing research networks linking academic and practice partners and with VCS organisations

- Support partnerships to apply to ARC for short-term "ready-to-go" projects
- Map potential implementation projects within the Families theme
- Develop collaborations across ARCs building on existing relationships, hosting a workshop for all the other ARCs with a similar Families Theme.

# Developing our Partners

**Local Authorities – Children’s Services;  
schools; Looked after children**

**Charities/Professional organisations/ Voluntary and  
Community Groups – eg Institute of Health Visitors;  
Children North East; The Coram Foundation**

**NHS - Great North Children’s Community; Children and Young  
People’s Network; Academic Health Sciences Network; NHS  
England Local Maternity System; ‘Deep End’ GPs;**

**OTHERS?**

# Resources

## ARC Theme Fellow

- 100% Newcastle University

## Two ARC PhDs Linked to C&F Theme 2020-21

- Sarah Casey - *Equity and inclusion and children with special needs: co-designing services with families and educational providers* Newcastle University (Start Oct 2020)
- **Perinatal Mental Health:** to be advertised (Spring 2020)

## Plus:

- NENC ARC funded projects
- Externally funded projects
- Other ARC support eg other theme fellows and training building capacity and capability

# Theme Fellow

## Catherine El Zerbi PhD

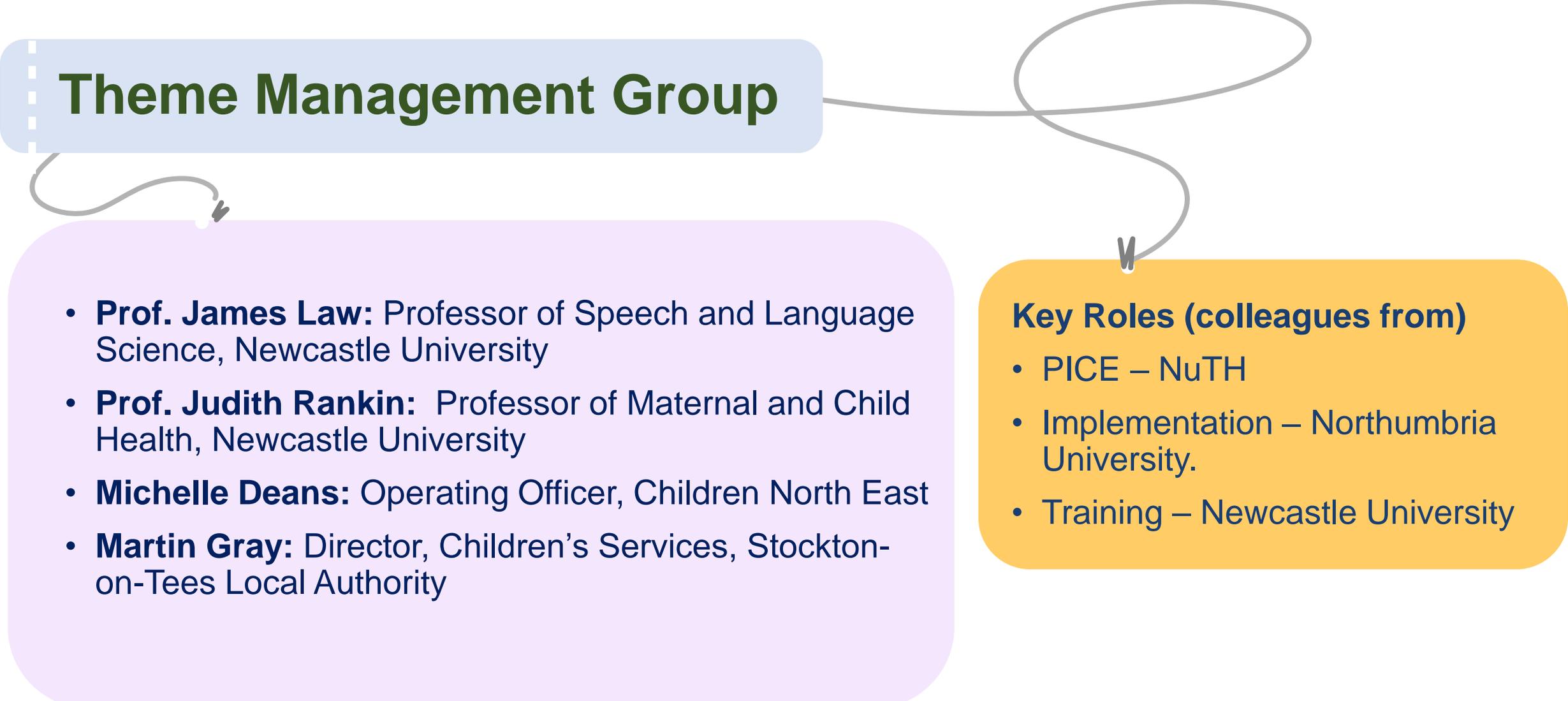
- Starting March 2021

Catherine's research interests include:

- Implementation and improvement science to reduce health inequalities and improve outcomes for children, families and service staff
- Co-produced mixed methods working alongside children and young people to include their voices in the research process to improve science
- Creative and democratic ways of involving everyone to engage with science and health



# Theme Management Group



- **Prof. James Law:** Professor of Speech and Language Science, Newcastle University
- **Prof. Judith Rankin:** Professor of Maternal and Child Health, Newcastle University
- **Michelle Deans:** Operating Officer, Children North East
- **Martin Gray:** Director, Children's Services, Stockton-on-Tees Local Authority

## Key Roles (colleagues from)

- PICE – NuTH
- Implementation – Northumbria University.
- Training – Newcastle University

## Key roles in the Supporting Children and Families Theme



**Ian Robson**  
Implementation Lead



**Sunil Bhopal**  
Training Lead



**Jo Ball**  
Public Involvement and Community Engagement Lead

# ARC NENC C&F Funded Projects

*Working with Children and Families at the Edge of Care - A realist evaluation of North Tyneside Council's Keeping Families Connected Provision*

Lead: Ruth McGovern, Newcastle University

**31 projects - £1.63 m**

**11 projects submitted with C&F as lead**

**6 projects funded at £364,899**

**+ 2 cross-ARC theme projects**

**All 6 Universities represented and a range of partners**

*An exploration of therapeutic horticulture and agriculture as supports for vulnerable young people's wellbeing*

Lead: Pauline Nelson  
University of Cumbria

*Experts by Experience: Youth Perspectives on Social Determinants of Wellbeing*

Lead: Kaz Stuart, University of Cumbria

*The impact of an interactive film-based intervention on resilience, mental wellbeing and help-seeking attitudes in young people (14-18) at school settings*

Lead: Floor Christie,  
Sunderland University

# ARC C&F Theme Work

```
graph TD; A[ARC C&F Theme Work] --> B[Programme of work around the two year review within the Government's Social Mobility programme – funded PHE/DFE]; A --> C[Rapid review of impact of Covid on Parental Responsiveness and Sensitivity, Bonding and Attunement – funded PHE]; A --> D[Parents reasons for paediatric emergency department attendance decrease during first wave of Covid - NuTH]; A --> E[Evaluation of the NEWPiP (Newcastle Parent Infant Programme) – with Children North East]; A --> F[Rapid review of parental health behaviours & infant care practices in pandemics]; A --> G[A national evaluation of the NSPCC's Look Play Read];
```

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**Evaluation of the NEWPiP (Newcastle Parent Infant Programme) – with Children North East**

**Rapid review of parental health behaviours & infant care practices in pandemics**

**A national evaluation of the NSPCC's Look Play Read**

# Cross-theme projects

## Prevention, Early Intervention and Behaviour Change

Rapid review of impact of Covid on Parental Responsiveness and Sensitivity, Bonding and Attunement – funded PHE  
Judith Rankin

Using intersectionality and behaviour change to enhance maternity care for Black women in the UK

Ryc Aquino, Nicola Heslehurst

## Inequalities and Marginalised Communities

Equal access for equal need: Poverty-proofing education and healthcare settings  
Luke Bramhall

Eliciting maternity service user views at the 'Deepend' to reduce inequalities to health  
Judith Rankin, Jo Wildman

# National Maternity and Child Health Priority Programme

```
graph TD; A[National Maternity and Child Health Priority Programme] --> B[Cross-ARC initiative led by PENARC]; B --> C[32 projects submitted, 4 workshops held, 6-8 projects to be taken forward]; C --> D[2-3 projects will be funded, others may go forward to other NIHR programmes];
```

**Cross-ARC initiative led by PENARC**

**32 projects submitted, 4 workshops held,  
6-8 projects to be taken forward**

**2-3 projects will be funded, others may go  
forward to other NIHR programmes**

# Website – [www.arc-nenc.nihr.ac.uk](http://www.arc-nenc.nihr.ac.uk)



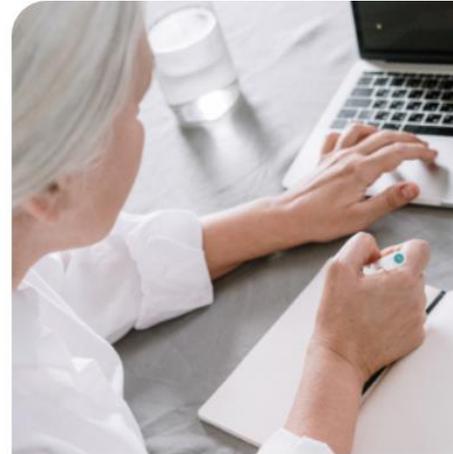
## Families

Making sure children get the best possible start in life



## Integration

Understanding how physical, mental and social needs are linked, to improve care



## Knowledge

Using research knowledge in society to improve health and care



## Enabling

Enabling research evidence to be used by health and social care decision-makers

[james.law@newcastle.ac.uk](mailto:james.law@newcastle.ac.uk); [judith.rankin@newcastle.ac.uk](mailto:judith.rankin@newcastle.ac.uk); [janice.armstrong@newcastle.ac.uk](mailto:janice.armstrong@newcastle.ac.uk)

# Open Funding Competition 2021

- Webinars
- Mandatory non-university co-lead
- NIHR Research Design Service
- Maximum funding £60k with greater matched contribution
- Judgement in the context of Year 1 awards

*Please engage with us as early as possible if you are thinking of applying*

# Next steps

Listen and respond to regional needs and priorities

Partnership working

What do you want from your Children & Families theme?

Developing new project ideas

Eg. NHS CAISY: A solution to obtain developmentally appropriate digital and interactive feedback in Children & Young People?

Prepare now for forthcoming open call announcement