

Co-production of an occupational therapy research funding application + with patients living in a secure mental health setting



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Co-researchers (Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust)



Supported by Research Design Service

Initial idea

Rhona and Karen wanted to collaborate on something to do with OT in secure setting

- Asked Confirm & Challenge group for ideas
- Could only meet online

No funding

Recovery College course

Basic research methods

- 25 SU participants across 5 units on 2 sites over 6 weeks
- Face to face sessions
- Leaflet evaluation used as focus for learning

Funding

- Research Internship (Rhona) for SU time/expertise contributions
- University of Cumbria for travel (Karen)

Collaborative Proposal design

One unit

- 3 SUs and 3 OTs working as co-researchers over 10 weeks
- Face to face sessions
- Research question development
- Literature review
- Methods planning
- SU research proposal written

Funding

- Research England – SU time/expertise, materials & resources, proposal development, travel

Bid writing

Translating idea into formal bid to carry out the study:

‘Do service users and occupational therapists share the same goals in the context of secure environments?’

- Inclusive philosophy
- Developing collaboration partners

Report for Research England

NIHR bid submitted

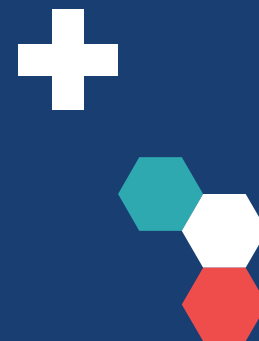
Publications:

- News items for Trust, Uni & RDS
- Write up process we followed
- Offer to share with others

Our co-researchers have to have the last word:

“I really enjoyed the group, this experience allowed me to use my time in an intellectual project that was both stimulating and challenging and made me think in ways I don’t normally think. I learned that no idea is wrong or bad and working in a team can generate more information where ideas bounce from person to person”

Thank you for listening



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