



The implementation of routine screening for PTSD and delivery of tf-CBT to care-experienced young people

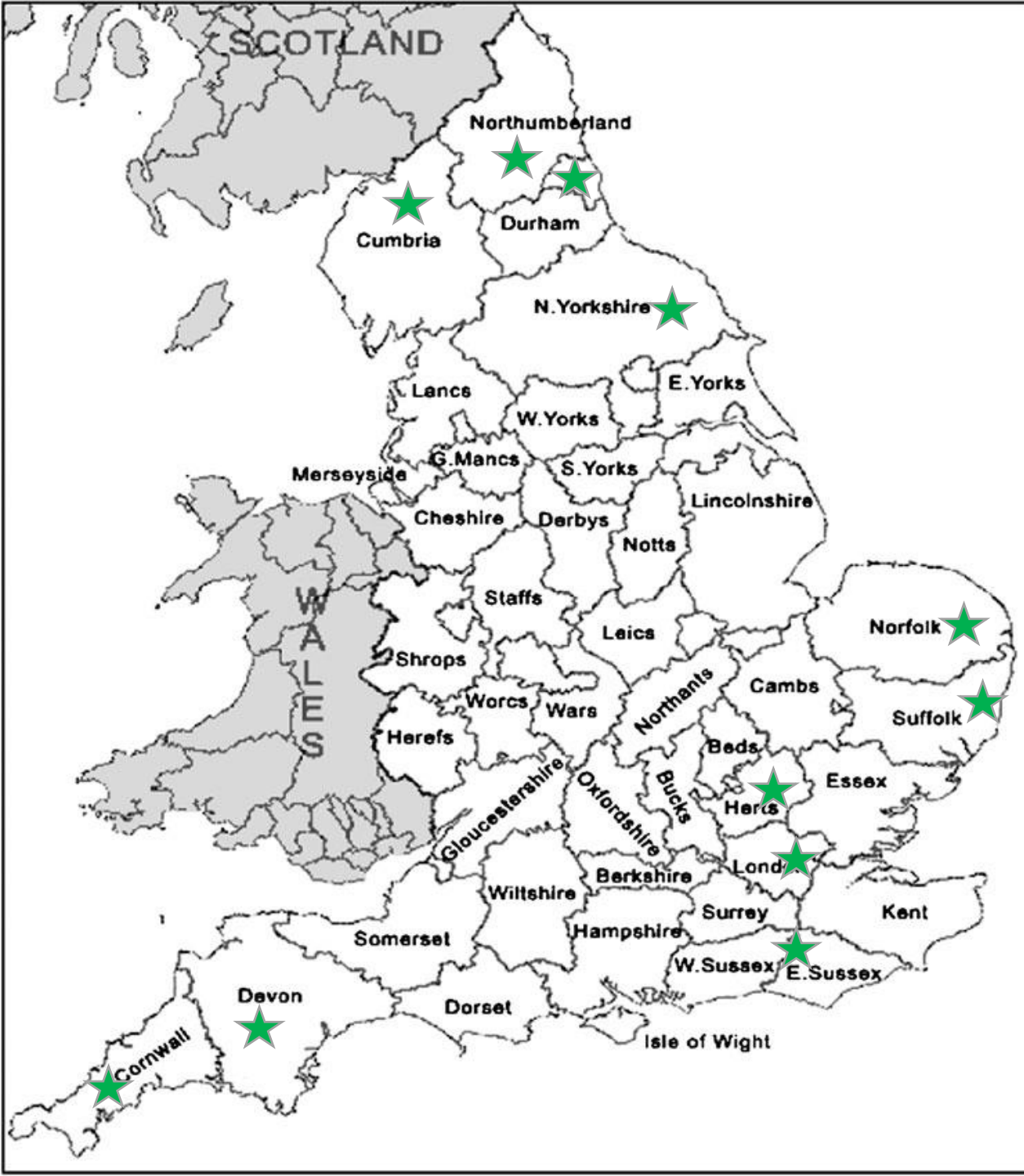


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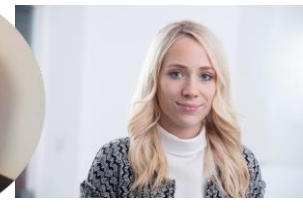
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- ~20 services, across 11 Trusts
- CAMHS, targeted LAC-CAMHS, social-care based mental health teams
- Between July and October, trained >200 mental health workers in cognitive therapy for PTSD
- Spending next 12-months follow implementation



Who have we trained?

Top 3 professions were: Clinical Psychologist (23%), Social Worker (23%), Mental Health Nurse (17%)

Intentions were high: 90% thought they'd use the screening tool (CRIES-8) and tf-CBT

Largest perceived barriers:

Young person engagement (73%)

Competing crises (77%)

YP not being ready (89%)

YP being re-traumatized (29%)

Capacity (35%)

Confidence (33%)

Supervision (13%)

Service set-up (17%)

What data are we collecting?

MH Professionals: Focus groups and questionnaires

Anonymised service data

Young person and carer involvement



Advisory Boards

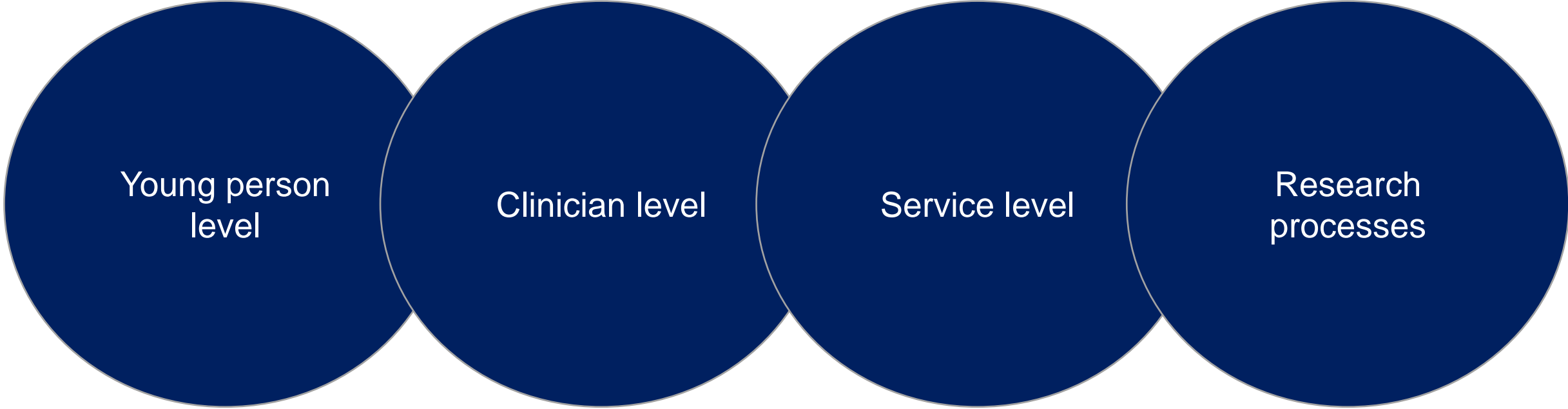
Care-experienced young person advisory board

Professionals advisory board



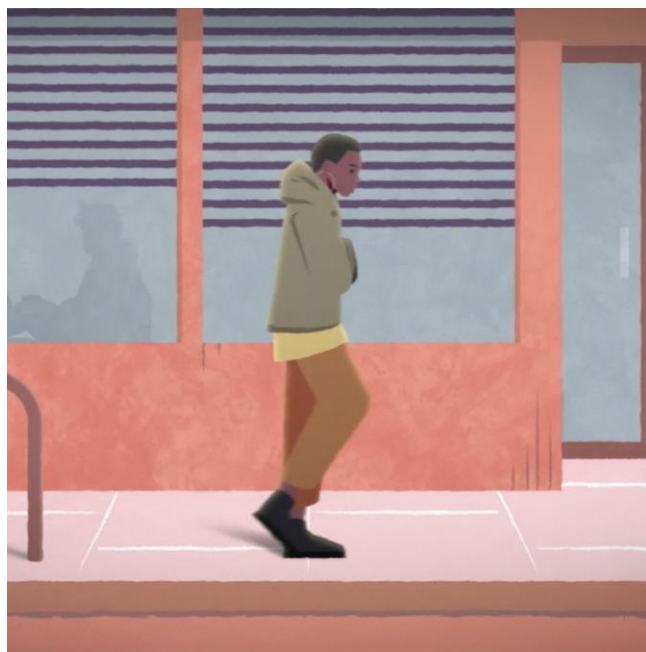
Learning so far: What is working

- Services sign-up has been overwhelmingly positive
- Training feedback has been positive
- We've already been able to respond to many barriers (e.g., webinars, supervision)
- Increased use of CRIES-8 across 90% of teams; starting to use tf-CBT



- Beliefs about diagnostic frameworks
- Confidence
- Views on CBT treatment (EMDR training)
- Clinical notes system(!)
- Capacity to address need
- Leadership endorsement
- Where service see themselves
- Supervision structures
- R&D approvals have been single largest barrier

Resource Development (PenARC + ARC West)



**6th December
launch**



**UK TRAUMA
COUNCIL**

uktraumacouncil.org

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Questions?



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