

ARC NENC Integration of Care for People with Multimorbidity: Innovations in Person-Centred Care

A joint event hosted by the Integrating Physical, Mental Health and Social Care theme and the
Multimorbidity, Ageing and Frailty theme

Thursday 9th March 2023, 9:30am-2:25pm, Teesside University, Darlington Campus,
CEPD Building, Top Floor, John Dixon Lane, Darlington, DL1 1HG

9:30-10:00	Registration and refreshments	
10:00-10:05	Welcome and Housekeeping	Professor Denis Martin ARC NENC Integrating Physical, Mental Health and Social Care Theme Lead, Teesside University
10:05-10:30	Keynote Speakers Personalised care interventions for people living with physical-mental health multi-morbidity	Dr Jason Scott ARC NENC Deputy Theme Lead of Multimorbidity, Ageing and Frailty, Northumbria University Professor Darren Flynn Professor of Applied Health and Social care, Northumbria University
10:30-10:45	Food Insecurity and Severe Mental Illness	Jo Smith PhD student and Clinical Consultant, Teesside University and TEWV Dr Emma Giles Associate Professor in Public Health, Teesside University
10:45-11:00	Walking Football for People with Chronic Breathlessness	Callum Bradford PhD student, Teesside University
11:00-11:15	Virtual Reality for Persistent Pain: A Health Literacy Approach	Nathan Skidmore PhD student and Research Associate, Teesside University
11:15-11:30	Behavioural Activation In Social Isolation (BASIL): Evaluation of psychosocial intervention for older adults with physical-mental multimorbidity	Lucy Atha Trial Coordinator, University of York Eloise Ryde PhD Student, University of York & Research Assistant, Tees, Esk and Wear Valleys NHS Foundation Trust
11:30-11:45	Break	
11:45-12:30	Identifying Collaborative Opportunities Between Integration and Multimorbidity Themes Shared learning group discussion	
12:30-13:15	Lunch	
13:15-14:15	Rapid Evaluation Methodology and Discussion	Dr Matt Breckons ARC NENC Fellow in Qualitative Research/ Senior Research Associate in Health Economics, Newcastle University
14:15-14:25	Summary and Close Delegates are welcome to stay after the event to network	Professor Denis Martin ARC NENC Integrating Physical, Mental Health and Social Care Theme Lead, Teesside University