

**NIHR Applied Research Collaboration (ARC) North East and North Cumbria (NENC) Conference**  
24-25 May 2023  
The Frederick Douglass Centre,  
2, The Helix, Newcastle upon Tyne NE4 5TG

**DAY ONE AGENDA – 24 MAY 2023**

|               |   |  |   |
|---------------|---|--|---|
| 12:00 – 12:55 | Registration, lunch, and refreshments<br><i>Ground Floor</i>  |  |   |
| 13:00 – 13:10 | Welcome from ARC NENC Director - Professor Eileen Kaner<br><i>Lecture Theatre G.56</i>  |  |   |
| 13:10 – 13:45 | Keynote Address - Professor Sir Ian Gilmore<br>NIHR Applied Research Collaborations in light of changing health and care systems - opportunities and challenges for the North East and North Cumbria.<br><i>Lecture Theatre G.56</i>  |  |   |
| 13:45 – 14:05 | Refreshments and move to breakout rooms for presentations   |  |   |
|               | Room1 – 1.17  | Room 2 – 2.14  | Room 3 – 2.16   |
| 14:05 – 15:30 | <p>Chaired by Professor Judith Rankin</p> <p><b>Presentations:</b></p> <ol style="list-style-type: none"> <li>Lindsey Regan - Mental health and quality of life: An exploration of the experiences and needs of Gypsy, Roma and Traveller communities in the North-East and North Cumbria.</li> <li>Dr Angela Wearn – Developing inclusive school environments: Optimising the provision of staff training to support positive mental health in autistic young people.</li> <li>Ashleigh Watkins - Fathers’ mental health and wellbeing concerns within the transition to fatherhood: a scoping review.</li> <li>Dr Elaine Bidmead – Universal Credit through the eyes of children and young people.</li> </ol> | <p>Chaired by Professor Chris Price</p> <p><b>Presentations:</b></p> <ol style="list-style-type: none"> <li>Dr Jenny Liddle – Care and Research North East: a partnership between Eothen Care Homes and Newcastle University.</li> <li>Louise Jones – Community nursing research priorities - What comes after a JLA Top 10?</li> <li>Karen Ainsworth – Challenges and desired outcomes: Co-designing a trial exploring the impact of chronic pain after cardiac bypass surgery.</li> <li>Dr Kerry Brennan-Tovey - Supporting the NHS Long Term Plan: An evaluation of the implementation and impact of NHS-funded tobacco dependence services.</li> <li>Dr Mackenzie Fong – Local Authority Tier 2 weight management services: service provision and implementation with a focus on priority groups.</li> </ol> | <p>Chaired by Professor Eileen Kaner</p> <p><b>Presentations:</b></p> <ol style="list-style-type: none"> <li>Dr Mandy Cheetham and Sarah Gorman - “It takes a generation to make an impact”: a co-produced study of the impact of a community-centred approach on mental health and wellbeing.</li> <li>Karl Charlton - An exploration of social deprivation and public attitudes in North East England and North Cumbria towards bystander cardio pulmonary resuscitation (BCPR).</li> <li>Dr Colette Hawkins - Integrating care to meet social welfare legal needs in life-limiting illness. Qualitative investigation of a multi-agency, complexity-informed intervention.</li> <li>Celia Mason – Implementation of urgent and emergency care interventions for frequent service use: barriers and facilitators to an evaluation study.</li> </ol> |
| 15:30 – 15:45 | Refreshments and move to the main lecture space   |  |   |
| 15:45 – 16:30 | What does impact mean for us? Increasing the visibility of ARC NENC Research<br>Public Advisory Network-Led Panel<br>Chaired by Gaby Kitoko<br><i>Lecture Theatre G.56</i>  |  |   |
| 16:30 – 16:45 | Closing comments from Chair<br>Professor Eileen Kaner<br><i>Lecture Theatre G.56</i>  |  |   |
| 16:45 – 17:30 | Networking and reception<br>Poster session - posters by ARC PhD students<br><i>Ground Floor</i>   |  |   |

## DAY TWO AGENDA – 25 MAY 2023

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|---------------|--|--|--|
| 09:30 – 10:00 | Registration and refreshments<br><i>Ground Floor</i>   |  |  |
| 10:00 – 10:45 | <b>Implementation in the ARC – Organisational Challenges</b><br><b>Professor Graeme Currie – University of Warwick</b><br><i>Lecture Theatre – G.56</i>  |  |  |
| 10:45 – 11:00 | Move to breakout rooms for presentations   |  |  |
|               | <b>Room1 – 1.17</b>  | <b>Room 2 – 2.14</b>   | <b>Room 3 – 2.16</b>   |
| 11:00 – 12:00 | <b>Presentations</b>   | <b>Presentations</b>   | <b>Presentations</b>   |
|               | <ol style="list-style-type: none"> <li>1. Professor Brett Smith – Making Every Contact Count for the health of disabled people: Training the social workers of today and tomorrow in physical activity promotion</li> <li>2. Dr Malcolm Moffatt - Postnatal contraception provision in the North East and North Cumbria: Preliminary findings of the PoCo Study</li> <li>3. Dr Angela Rodrigues and Emma Kemp - The implementation of Making Every Contact Count in a mental health setting</li> </ol> | <ol style="list-style-type: none"> <li>1. Professor Greta Defeyter - Holiday Activities and Food (HAF): Co-designing and implementing local and national HAF+ programmes and policies with young people for young people</li> <li>2. Mark Adley - How can we improve care for LGBTQIA+ people who experience disadvantage in our region?</li> <li>3. Dr Sarah Sowden and the NENC Deep End research team - In at the Deep End: Our research-practice collaboration to support primary care practices serving communities experiencing severe socio-economic disadvantage across the North East and North Cumbria.</li> </ol> | <ol style="list-style-type: none"> <li>1. Dr Rob Barker – A ‘Marmite™’ topic’ in care home acute deterioration</li> <li>2. Dr Katie Thomson and Dr Matt Breckons – Working at Pace and Scale in the ARC? Reflections from members of a methodology theme</li> <li>3. Dr Andrew Sturrock - Opportunities for optimal referral timing in differential diagnosis of suspected head and neck cancer signs and symptomology: a qualitative study of attitudes and perceptions of community pharmacists, and head and neck cancer patients in the North East of England</li> </ol> |
| 12:00 – 13:15 | <b>Lunch</b><br>Networking and Poster Session – Posters by ARC PhD students<br><i>Ground Floor</i>   |  |  |
|               | <b>Room1 – 1.17</b>  | <b>Room 2 – 2.14</b>   | <b>Room 3 – 2.16</b>   |
| 13:15 – 15:00 | <b>Workshop 1</b>  | <b>Workshop 2</b>  | <b>Workshop 3</b>  |
|               | <p style="text-align: center;">Implementation thinking from the start: how might theories and frameworks help us design applied health and social care research?</p> <p style="text-align: center;">Professor Tracy Finch – Northumbria University</p>   | <p style="text-align: center;">Planning for impact in your research project:<br/>What’s implementation planning got to do with it and how to boss it?</p> <p style="text-align: center;">Dr Peter van der Graaf – Northumbria University</p>   | <p style="text-align: center;">An introduction to Q Methodology</p> <p style="text-align: center;">Dr Kate Sykes – Northumbria University</p>  |
| 15:00 – 15:30 | <b>Closing speeches</b> – Professor Chris Price<br><i>Lecture Theatre – G.56</i>   |  |  |