

Agenda – morning

Time	Activity	Room	
10am	Welcome and introduction – Simon Douglas. Director of Research, Innovation, and Clinical Effectiveness. Cumbria, Northumberland, Tyne and Wear (CNTW) NHS Foundation Trust.	The Barracks Suite (south)	
10.10am	Keynote speaker - Levi Buckley. Executive Area Director (North), North East and North Cumbria Integrated Care Board.	The Barracks Suite (south)	
10.30am	Featured presentation and Q&A <i>The evidence for personalised risk management and safety planning for adults experiencing suicidality</i> - Katherine McGleenan. Enhanced Nurse Consultant, Suicide Prevention Research and Innovation, CNTW NHS Foundation Trust.	The Barracks Suite (south)	
11.05am - 12.05pm	Parallel presentation sessions		
Barracks south Chair: Bronia Arnott	Barracks north Chair: Liam Spencer	Joe Harvey Suite Chair: Oonagh McGee	Four corners Chair: Will McGovern
Maternal and perinatal mental health	Mental health and young people	Research linked to dementia	Marginalised groups
<i>Infant-related sleep disruption in exacerbating postpartum anxiety and depression</i> – Helen Ball	<i>Assessing a whole school mental health strategy: an 11-18 school-based research study co-produced with young people</i> – Dave McPartlin	<i>How football clubs can help support people living with dementia</i> – Marie Poole	<i>PPIE approaches to mental health research in marginalised settings</i> – Anne Aboaja
<i>RIVA project: Implementing domestic violence workers in maternity settings</i> – Hayley Alderson	<i>Working with social care to develop an intervention to prevent mental health problems in children & young people accessing early help & children's social care services: The WELLBEING study</i> - Abisola Balogun-Katung	<i>Improving mealtime care for people living with dementia in care homes</i> – James Faraday	<i>The barriers people with co-occurring mental health and substance use concerns face in the drug treatment system</i> – William McGovern
<i>Strengthening maternal mental health research and practice through collaboration, identifying aspirations for future research</i> – Ang Broadbridge, Caroline Claisse, Rachel McDonald	<i>Neurodivergence and mental health in schools: Developing inclusive school environments for autistic secondary school pupils</i> – Zoe Collier	<i>Involving people with Learning Disabilities in Brain Health and Dementia Research and Care</i> - Tamlyn Watermeyer	<i>Trauma-experienced and queer in the North East: What can we learn from mental health care pathways of multiply marginalised LGBTQ+ people?</i> - Mark Adley
	<i>Rooted in Nature - exploring the impact of nature on young people's mental health</i> - Catherine El Zerbi, Charley McFarlane-Troy	<i>Exploring the acceptability of home-based music therapy for people living with dementia and their care partners</i> – Steven Lyons	<i>Food insecurity and severe mental illness</i> – Jo Smith, Emma Giles

Agenda - afternoon

12.10pm -12.55 pm	Lunch and networking		The Barracks Suite
1pm	Featured presentation and Q&A <i>Best start in life: Infant mental health and access to parent-infant relationship support</i> - Bronia Arnott, Newcastle University Chair: Shona Haining, Head of Research & Evidence, North of England Commissioning Support (NECS)		The Barracks Suite (south)
1.30pm – 2.15pm	Parallel presentation sessions		
Barracks south Chair: Arne Wolters	Barracks north Chair: Will McGovern	Joe Harvey Suite Chair: Ilaria Pina	Four corners Chair: Oonagh McGee
Mental health across the health and care system	Role of practitioners	Serious mental illness	Community approaches
<i>Mental Health IN the Deep EnD (MINDED): Embedding psychology teams in primary care</i> – Jayne Jeffries, Sarah Sowden, Sameena Hassan	<i>Implementation of mental HEalth uRgent and emergency care interventions for frequent service use evaluation study (HEAR)</i> – Celia Mason	<i>Visual hallucinations in psychosis</i> – Charlotte Aynsworth	<i>"I do like to listen to a book and I can just melt away"- the salutogenic pathways of reading for pleasure</i> - Mihirini Sirisena
<i>Uncovering mental health support and crisis prevention opportunities hidden in everyday life and routine care in the context of persistent socioeconomical deprivation</i> - Domna Salonen	<i>Making friends with uncertainty</i> – Danielle Hall	<i>Early practical lessons of service implementation for health support in people living with severe mental illness</i> - Dan Steward	<i>Evaluating the implementation of whole school approaches to mental health in Trailblazer schools</i> - Liam Spencer
	<i>A review of public mental health interventions delivered by Allied Health Professionals</i> – Sarah Wigham	<i>The PErson Centred Cancer Screening (PECCS) study. How cancer screening services can be adapted to support the uptake of people with severe mental illness and/or learning disabilities</i> – Jill Barker and Emma Giles	<i>Suicide changes everything - The role of communities in a suicide cluster, a suicide survivor perspective</i> - Catherine Richardson
2.20pm – 2.55pm	Discussion sessions		
The Barracks Suite (south)		The Barracks Suite (north)	
How can we use research evidence in practice? What do we need from the health and care system to better enable research and evaluation to influence practice and service development? What can researchers do to promote better engagement with research and evaluation evidence? What can clinicians do to raise the profile of evidence with the system and identify evidence gaps which need addressing? Chair: Simon Douglas		Shaping our future mental health research priorities. What do our communities need to be meaningfully involved in shaping research priorities? What mental health research is important now? What will be important in the future? Chair: Simon Hackett	
2.55pm – 3pm	Closing comments - Shona Haining		The Barracks Suite (south)